

LOSE 20 POUNDS IN 30 DAYS

Lose 20 lbs. in 30 days, without exercise and enjoy all the health benefits!

20/30 Member: Sue V.

AFTER:

BEFORE:



LOST 23.4 LBS AND 29.25 INCHES IN 30 DAYS!

Sue's health benefits are: healthier nails, more energy, reduced stress, sleep improved, more confidence, not tired or out of breath when doing household chores, general sense of well-being, dropped a full pants and shirt size, no hunger, and a learned instinct for foods and portion sizes!

Date: 5/10/2017-6/14/2017

**Lifestyle
Wellness, LLC**

